

► Please **dress** in warm, comfortable layers, several thin layers are better than heavy jackets or parkas. Mittens or gloves are essential and please avoid long scarves or hats that dangle. Thin nylon socks keep feet warmer than heavy cotton ones. Avoid all bulky socks in skates. Round backed **helmets** are strongly encouraged for all young beginners. Pointed back bike helmets will not be allowed on the ice.

► Parents are asked to **quietly observe** classes from the bleachers. No parents will be allowed in the rink side player's boxes.

► All students are strongly encouraged to take full advantage of the practice ice time provided with each program, as a minimum. Additional practice ice is available for purchase, along with **private lessons**, to accelerate your progress, take you to the next level of just work out on a specific skill.

► All skaters enrolled in classes will receive **one dollar off at all WOI public sessions.**

For More Information call: 576-8118



www.wonderlandofice.com

Wonderland of Ice
123 Glenwood Avenue
Bridgeport, CT 06610

Anyone can:

Learn to Ice Skate

Just for the fun of it!



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Bridgeport, CT 06610
(203) 576-8118
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2009-2010 Season

Skating School Director, Lisa Fedick
(203) 576-8118

General Information

► The **Wonderland Skating School** is a member of the Ice Skating Institute.

We are committed to promoting ice skating as a recreation for life, while at the same time giving skaters a strong foundation on which to build the more competitive facets of our sport such as figure skating and ice hockey.

► All classes at the Wonderland Skating School will have a **maximum student to instructor ratio of eight to one**. Skaters will be grouped in classes first by skill level and then by age.

► The use of **rental skates** is included with all lesson programs. However, skaters are strongly encouraged to purchase their own skates for consistency. New and used skates are available at the **Center Ice Pro Shop**, located in the Wonderland of Ice. No double bladed skates will be allowed in classes.

► All skaters will be registered with the Ice Skating Institute and will receive the "Recreational Ice Skater" publication.

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Available at all sessions

Recreational Skating, for the fun of it!

Learn skills that can be part of a recreation for life.

Introduction to Figure Skating

Become a member of the Wonderland of Ice local or national competitive teams.

Power Skating for Hockey

Give yourself the tools to play the game at your highest level!

ADULTS

It's never too late!

Beginners

It's never too early!



The Programs

Wednesdays: 4:30-5:30PM

or

Fridays: 5:00-6:00PM

or

Saturdays: Noon - 1:00PM

or

Sundays: 11:30AM-12:30PM

*Thirty Minute Instruction and
Thirty Minute Practice Time*

Ten Week Class Program \$199

No Classes November 6, 7, 8, 2009
No Classes December 24, 2009—January 1, 2010

Mighty Mites and Little Rangers Hockey Pre-School Programs

Mon, Wed, Thursday 10:00AM

Monday & Thursday 2:00PM

*Thirty Minute Instruction
followed by Practice*

Six Week Program \$95

**CONTINUOUS SIGN-UPS
AVAILABLE. START YOUR
PROGRAM AT ANY CLASS.**

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