



123 Glenwood Avenue Bridgeport, CT
203-576-8118
www.Wonderlandofice.com

BEAT
THE HEAT
MINI-CAMP

A RECREATIONAL SUMMER ICE SKATING DAY CAMP

Under the Direction of Lisa Fedick & Jolyne Kane

*Skaters of All Age and Skill Levels are Welcome and Encouraged
to Participate and will be placed in Appropriate Classes*

Nine One Week Sessions: Monday Through Friday:

Week 1: June 29th - July 3rd

Week 2: July 6th - July 10th

Week 3: July 13th - July 17th

Week 4: July 20th - July 24th

Week 5: July 27th - July 31st

Week 6: August 3rd - August 7th

Week 7: August 10th - August 14th

Week 8: August 17th - August 21st

*Week 9: August 24th - August 28th

9:00AM – 1:00PM

***Week: 9:00AM – 1:00PM or Noon – 4:00PM or Full Day Available**

Complete activities schedule listed on the reverse side →

Typical Beat the Heat Camp Schedule

9:00 - 9:20AM	Welcome and Off Ice Warm-up and Stretching & Skates On
9:20 - 9:30AM	On Ice Stretching
9:30 - 10:00AM	Basic Skills / Moves in the Field / Figures / Edge Class
10:00 -10:30AM	Jump or Spin Class
10:30 - 10:45AM	Snack and Conversation
10:45 – 11:15AM	Stroking and Introduction to Power Skating
11:15 – 11:45AM	Creative Movement and Introduction to Interpretive Skating
11:45AM – Noon	Open Skate
Noon – 1:00PM	Off Ice Training and Workshops

TUITION:

Single week:	\$250 Five Day Week	\$175 Three Day Week
Three of more weeks:	\$225 Per Five Day week	\$150 Per Three Day Week
Full Day Week #9	\$395 Five Day Week	\$265 Three Day Week

Single Day Pass (space permitting): \$65 Regular Half Day \$95 Full Day

SAVE THE DATE

Friday August 28th at 7:30PM

**All campers are invited to perform in an Exhibition
at the Wonderland of Ice**

Please call Wonderland of Ice Skating Director, Lisa Fedick at 203-576-8118 or
lisa@wonderlandoffice.com for more information.